



May Weekend Events at the Yonkers Riverfront Library

presented by
YONKERS DOWNTOWN/WATERFRONT BID &
YONKERS RIVERFRONT LIBRARY

Qi Gong Class Sunday, May 2nd, 12:00 PM

Shihan Michael Kelly and Fellow therapists from the Ren Dao Wellness Center will teach a Qi Gong Class, followed by free massages and reflexology. Holistic spa and reflexology. Holistic spa and reflexology availability is limited. Class meets at 12 noon in the Auditorium.

AVATAR (free screening) Sunday, May 2nd, 2:00 PM

Join us for this Oscar-nominated movie for FREE. Stay tuned for more movie screenings at the library in May.

Shoto Kan/Self Defense Basics Saturday, May 8th, 6 PM

Learn the basics of Shoto Kan/Self Defense with master instructor Sensei Israel Rodriguez, who has over 30 years of professional experience in kickboxing, martial arts and self defense. This free event is sponsored by the Yonkers Family YMCA and the Yonkers Riverfront Library, and will be held at 6 PM in the Atrium.

It's Complicated (free screening) Sunday, May 2nd, 2:00 PM

Join us for this Oscar-nominated movie for FREE. Stay tuned for more movie screenings at the library in May.

Yonkers Riverfront Library
1 Larkin Center
Yonkers, NY 10701
(914) 337-1500